HOW TO BE HAPPY NO MATTER WHAT

Sermon Series: The Habits of Happiness (Philippians)

Philippians 1:12-30

MY <u>HAPPINESS</u> IS DRIVEN BY MY <u>HABITS</u> NOT MY CIRCUMSTANCES.

WHATEVER HAPPENS

4 Habits - I Can Be Happy No Matter What If I...

- LOOK AT EVERY PROBLEM FROM GOD'S VIEW POINT. (Phil 1:12-14)
- NEVER LET OTHERS CONTROL MY ATTITUDE. (Phil 1:15-18)
- ALWAYS TRUST GOD TO WORK THINGS OUT. (Phil 1:19-20)
- STAY FOCUSED ON MY <u>PURPOSE</u>, NOT MY <u>PROBLEM</u>. (Phil 1:21-25)

How YOU fill in the blank will determine your happiness:

FOR ME TO LIVE IS _____

Current Series: The Habits of Happiness (Philippians) How To Be Happy No Matter What 2-by Pastor Jesse Elizondo (10/18/15).

REALife Application

QUICK REVIEW - Looking back over your sermon notes, which particular point or passage of Scripture most challenged, confused or caught your attention?

- 1. Share a time and/ or place that made you happy.
- 2. In your own words describe what happiness means to you.
- 3. Read Phil. 1:12-14

 Think about the last crisis you were in. Did you have a God view point of the crisis? If not how could it have strengthen the believers around you?
- 4. Think about a time when someone controlled your attitude within a situation. Without details how did that affect the outcome of the situation? How could the situation been different if they did not have control of your attitude?
- 5. Think about steps that you could put in place today to begin trusting God to work things out in every area of your life.
- 6. Have you found purpose for your life? Read Phil. 1:21-25 According to V:25 How can this redefine/ define your purpose?

HOW TO BE HAPPY NO MATTER WHAT

Sermon Series: The Habits of Happiness (Philippians)

Philippians 1:12-30

Λ	MY IS DRIVEN BY MY NOT
	HATEVER HAPPENS
	Habits - I Can Be Happy No Matter What If I LOOK AT EVERY PROBLEM FROM
2	NEVER LET OTHERS CONTROL (Phil 1:15-18)
8	ALWAYS TRUST GOD TO (Phil 1:19-20)
4	STAY FOCUSED ON MY, NOT MY (Phil 1:21-25)
	How YOU fill in the blank will determine your happiness:
	FOR ME TO LIVE IS
	Current Series: The Habits of Happiness (Philippians)

How To Be Happy No Matter What 2-by Pastor Jesse Elizondo (10/18/15).

REALife Application

QUICK REVIEW - Looking back over your sermon notes, which particular point or passage of Scripture most challenged, confused or caught your attention?

- 1. Share a time and/ or place that made you happy.
- 2. In your own words describe what happiness means to you.
- 3. Read Phil. 1:12-14

Think about the last crisis you were in. Did you have a God view point of the crisis? If not how could it have strengthen the believers around you?

- 4. Think about a time when someone controlled your attitude within a situation. Without details how did that affect the outcome of the situation? How could the situation been different if they did not have control of your attitude?
- 5. Think about steps that you could put in place today to begin trusting God to work things out in every area of your life.
- 6. Have you found purpose for your life? Read Phil. 1:21-25 According to V:25 How can this redefine/ define your purpose?